

Adelphi Friends Newsletter

Third Month, 2008

Adelphi Friends Meeting
2303 Metzert Road, Adelphi, Maryland 20783
(301) 445-1114

www.AdelphiFriends.org, <http://Adelphi.Quaker.org/>

Anne Marie Moriarty, clerk — Michael Levi, assistant treasurer

| | |
|--|--|
| <p>WEEKLY SCHEDULE:</p> <p>Sunday: 9:00 a.m. Early Meeting for Worship (except 3rd Sunday) 9:45 a.m. Singing 10:00 a.m. Meeting for Worship</p> <p>Wednesday: 7:30 p.m. Meeting for Worship</p> | <p>MONTHLY SCHEDULE:</p> <p>Second Sunday (Third Sunday in May, July and August): Meeting for Worship for the Conduct of Business</p> <p>Third Sunday: Singing begins at 9:00 a.m.</p> <p>Fourth Sunday: Junior Meeting at 10:00 a.m.</p> <p>Fourth Sunday: Potluck at rise of Meeting</p> |
| <p>Takoma Park Friends Meeting (Preparative) under the care of Adelphi Meeting. Every Sunday: Meeting for Worship 10:30 a.m., currently at the home of Arthur Karpas, 6916 Westmoreland Avenue, Takoma Park, MD 20912. Meeting for Worship for the Preparation of Business, fourth Sunday following Meeting for Worship.</p> | |

TAKOMA PARK FRIENDS MEETING

Takoma Park Friends Meeting continues to meet at Friends Community School in College Park at 10:30 a.m. on Sunday. A shared potluck meal follows worship on the first Sunday of the month; Meeting for Worship with a Concern for Business immediately follows Meeting for Worship on the fourth Sunday of the month. All are welcome.

UPCOMING PEACE VIGILS

Bethesda Friends Meeting is sponsoring peace vigils on Good Friday, March 21, and on Saturday, March 22, from 4:00 p.m. to dusk, at the corner of Woodmont and Bethesda Avenues in Bethesda. This is the corner of both Barnes & Noble and the Landmark Theaters, not far from the Bethesda Metro (parking is quite limited). We would be delighted to have you join us. We will be handing out fliers from AFSC and FCNL regarding the costs of war, both to the US and in Iraq. Please encourage others to come! For details, contact me, Jane Meleney Coe, at bethesdafrm@jgc.org or (301) 320-5083.

BALTIMORE YEARLY MEETING DAY

March 29th is Baltimore Yearly Meeting Day. The event will be hosted by Williamsburg Monthly Meeting at Grace Covenant Presbyterian Church, and you are welcome to join Friends to conduct the business of Baltimore Yearly Meeting through committees and Interim Meeting. Williamsburg Friends will provide hospitality Friday and/or Saturday night and lunch and dinner on Saturday. Friends are offering limited overnight accommodations for those traveling a distance. All members of BYM Meetings are members of Interim Meeting and are welcome to attend. Please return forms by March 7.

LOCAL FOODS POTLUCK

Many people have requested to know the sources for the foods served at Adelphi's local foods potluck on Sunday, January 27, 2008.

| Dish | Local Ingredient(s) | From Where (optional) | Contributor |
|--|---|--|--------------------------------|
| Apple cake | Apples | Arlington farmers' market | Amy Greene |
| Crab dip | Crab | Bay | Ann Dunne |
| Eggplant parmesan (also Bee George honey) | Locally grown eggplant | TPSS co-op | Jolee Robinson |
| Fingerling sweet potatoes & sage | s. potatoes, sage, bl. cheese | GLUT / Oertner garden | Oertners |
| Figs in (frozen) fig bread | Figs (and others) | Our garden! | Carole Hoage |
| Sprouts | Sprouts PA | PA MOM's organic | Maggie C |
| Portobella mushrooms | Mushrooms | PA MOM's organic | Maggie C |
| Apple cider | Apple cider PA | PA MOM's organic | Maggie C |
| Turnips & carrots | Local turnips, carrots, local honey, olive oil, basil, cumin | Farmer's market Takoma Park | Joanna A |
| Kale soup | Kale | Upper Marlboro | Rob & Lainie Duncan |
| Beet salad | Beets & salad dressing | Heyer Mkt on NH Ave Grown in PG Co | Kate Prager |
| Cobbler | Various flours | GLUT | Celeste Robinson / Ellen Iscoe |
| Beef / flank & skirt steak | Flank & skirt steak Brown rice, chili powder, black pepper, peach chutney | LOCAL MEAT AND SPICES MEAT ALL GRASS FED Packed by Wagner Meats in Mt. Airy, MD Springfield Farm Sparks, MD McCormick Spices Hunt Valley, MD Rice ain't grown in Maryland Chutney from Prescott, AZ In the Light of green living | Joy / Michael Newheart |
| Cornbread | Eggs | So. PA | Duncans |
| Winter squash | Squash & brown sugar | Takoma Park Farmers | Cathy Webb |
| Eggplant curry | Local eggplant – TPSS co-op | TPSS | Joan Clement |



"Kenya, My Prayer"
by Michael Newheart

EVENTS AT BETHESDA FRIENDS MEETING

Bethesda Friends Meeting is hosting the following events in March. As you know, the Meeting is at the corner of Edgemoor and Beverly Lanes in Bethesda, two blocks from the Bethesda Metro.

Sunday, March 16, 12:30 p.m.: David Zarembka Speaks on Kenya. He is the coordinator of the Africa Great Lakes Initiative (AGLI) and longtime BFM member now living in Kenya, and will lead a discussion on the post-election crisis in Kenya and how the AGLI is addressing the ethnic conflict in that east African country. David established AGLI in the early 1990s with the support of BFM. Working with local African Friends and others, AGLI offers alternatives to violence (AVP) workshops and other reconciliation programs in Rwanda, Burundi, and Kenya. David and his wife, Gladys, will discuss the colonial and post-independence roots of the current inter-ethnic violence in Kenya that has resulted in more than 1,000 deaths and over 250,000 persons being displaced from their homes since the December 27 elections. He will update us on AGLI's efforts to address the situation in western Kenya where many Kenyan Quakers live.

Saturday, March 22, 10:00 a.m.-4:00 p.m.: BFM is delighted that Arthur Larrabee will lead a workshop on 'Clerking: Serving with Joy and Confidence'. Larrabee, currently serving as General Secretary of Philadelphia Year Meeting, has facilitated hundreds of workshops for Quaker meetings and schools, and he has an outstanding reputation as a trainer. Participants will get a grounding in Quaker decision-making processes and learn specific skills needed to serve as effective clerks. Although particularly targeting all Clerks of Meeting committees, this workshop is open to all interested members and attendees. To defray a portion of the costs involved, there will be a nominal charge of \$15 per participant. To register and get further information, contact Christine Morfit (cmorfit@HEDprogram.org).

Saturday, April 26, 8:30 a.m.-about 3:00 p.m.: Bob Denison will be with us for a day-long workshop, "Experiment with Light." This is a program of activities developed by contemporary British Friend, Rex Ambler, intended to introduce us to George Fox's and the first Friends' practice of silent worship. "This I knew experimentally." At the time of Fox, "experimentally" meant directly, personally. Fox heard the voice inwardly, not from out in the world. Today, as in Fox's day, an experiment is a test, a trial, of something. "Experiment with Light" is a test, a trial, not of Light, but with the Light. We will provide a light breakfast and lunch. The workshop will close with a Meeting for Worship beginning about 3:00 and ending as the way opens. Ambler describes the origins and development of "Experiment with Light" in a pamphlet "Light to Live By: An exploration of Quaker spirituality" that will be available at the Book Table. There will be a sign-up sheet in the library or sign up on line at bara.fichman@verizon.net

NEW COORDINATOR OF WASHINGTON QUAKER WORKCAMPS

William Penn House has hired a new coordinator of Washington Quaker Workcamps. He is Greg Woods, recent graduate of Earlham College.

QUAKER DIALOGUE AND POTLUCK AT WILLIAM PENN HOUSE

You are invited to a potluck and Quaker dialogue at William Penn House Sunday, April 6, at 6:30 p.m. Our Program this First Day is presented by Bette Hoover of Sandy Spring Friends Meeting. Her topic is "Just Peace Circles" (www.justpeacecircles.org).

Just Peace Circles is a restorative and holistic approach to peacemaking that relies on deep listening and collective group wisdom to resolve problems, strengthen relationships and build stronger, more loving communities. A process that takes a step beyond mediation, the circles build on the values and principles of restorative practices, traditional peacemaking and Quaker process. We are called upon to "be the change we want to see in the world" (Gandhi) and restore balance to all our relationships.

Bette is well known throughout the Washington area for her peace activism and commitment to nonviolent approaches to bringing people together. She led AVP (Alternative to Violence) and HIPP (Help Increase the Peace) workshops for many years and was the director of the AFSC-DC office for more than ten years. Currently she leads classes and workshops on restorative practices thru Howard Community College and as a consultant.

Our monthly potluck is the first Sunday of each month at 6:30 p.m. This is an opportunity for fellowship among Quakers and attenders. Bring a dish to share; family members and friends are always welcome. Note: William Penn House is an alcohol and tobacco free facility.

William Penn House hosts groups and individuals who visit Washington to help make this a better world. We also host programs and seminars on peace and social justice issues and on Quakers, past and present.

William Penn House, A Quaker Center on Capitol Hill, 515 East Capitol Street SE, Washington, DC 20003, Tel: (202) 543-5560 Fax: (202) 543-3814 e-mail: info@WilliamPennHouse.org, www.WilliamPennHouse.org.

SPRING WORK WEEKENDS AT BYM CAMP PROPERTIES

We are getting ready for another great summer at the BYM Camps but we will need your help to make it all possible! You are invited to join us at the camp properties for a series of work weekend this spring. Come and enjoy some time at the camps that have come to mean so much to so many, participate in some meaningful and satisfying work, enjoy the company of other Friends or take the opportunity to learn your way around the camps before the summer of fun and growing begins. Painting, cleaning, repairing and improving the camps offer us all a chance to get to know each other and to enjoy these beautiful places! You, your family, friends, and anyone else are invited to participate in one or more of the work weekends listed below. Work weekends provide a great chance to see our camp properties in a new season or for the first time. Come and give the gift of your time and enjoy the gifts our camps have to give.

You DO NOT need to have any building or carpentry skills in order to pitch in! We need all kinds of people to make contributions. You do need to have some energy and a willingness to get dirty, try new things, be flexible and enjoy the company of others who want to pitch in too. We need sweepers,

painters, cooks, ditchers, concrete mixers, trail clearers as well as carpenters and handy people. All of us have contributions to make, so come on out and enjoy some physical activity and the company of Friends!

Work weekends are held on both Saturdays and Sundays; you may come just for the day or you may spend the night on Saturday night. You may arrive Friday night if you'd like to make a weekend of it, but there will be no dinner served on Friday. Feel free to bring food to share. We will provide simple breakfasts and lunches on Saturday and Sunday as well as the evening meal on Saturday night. Bring bedding (we do not always have enough suitable mattresses), flashlights, and anything else you may want. Cabins are generally available or you may bring a tent. Please visit the website before you come to make sure everything is on schedule. There may be times when we are sharing camp with other renters and cabin space will be limited.

Friends of all ages are welcome. Young people (0 to 18 years of age) should always bring their parents or a Friendly Adult Presence (FAP). Parents or FAPs will be responsible for supervising the young people under their care.

Locations and dates: Opequon Quaker Camp, April 26-27; Shiloh Quaker Camp, May 3-4; Cactoin Quaker Camp, May 17-18; Opequon Quaker Camp, May 31-June 1.

Please visit: <http://www.bym-rsf.org/camping/WorkWeekends/work.html> for more information and send an e-mail to davidhunter@bym-rsf.org if you plan to attend.

The Loss of Species

It is no longer a question
if mankind is destroying the earth.
The question is how long before our
lifestyle will pass the point of no return
and our children and grandchildren will
inherit the demise of life as we know it?

Perhaps the fastest way to gauge how much time
we have left is to watch the endangered species
become extinct because their world no longer
supports their needs for food and habitat.

It is just possible that in saving
endangered species we may
save ourselves as well?

Being good stewards
of our animals and plants,
their soil and air and water,
maintaining their ecosystems
might just give us a second chance
to learn to live at peace with each other
reverence for all life being necessary
for our whole planet to survive.

© 2008 by Harold Confer

Submitting material to the newsletter: Ann Marlowe, the Newsletter Editor, welcomes any material of interest to the Adelphi Friends Meeting community. The best way to submit material is by e-mail to afm-newsletter@earthlink.net. Either attach a Word file to the e-mail or type the information directly into the e-mail. You may also submit clean, typed copy and photographs to the newsletter box in the meetinghouse. No handwritten material please. Deadline for submissions is noon of the last Sunday of each month.

Contributions:

Please place in box in the foyer, or send to Michael Levi, 702 Malibu Drive, Silver Spring MD 20901.

Adelphi Friends Meeting
2303 Metzert Road
Adelphi, MD 20783

FIRST CLASS MAIL

with e-mail you get

C O L O R

(The E-mail version of the AFM newsletter includes color photos and art work and it cost the meeting nothing to send and print.)

To arrange E-mail delivery of the AFM newsletter contact mailinglist@adelphifriends.org.

Don't forget to visit
Adelphi Friends Meeting's
Web site:
www.adelphifriends.org