

Adelphi Friends Meeting
2303 Metzert Road, Adelphi, Maryland 20783
301-445-1114

Anne Marie Moriarty, clerk – Karen Cunyningham, treasurer

Weekly Schedule:

Sunday:

Early Meeting for Worship 9:00 AM (except 3rd Sunday)
Singing 9:45 AM
Meeting for Worship 10:00 AM

Wednesday:

Meeting for Worship 7:30 PM

Monthly Schedule:

Second Sunday (Third Sunday in May, July and August):

Meeting for Worship for the Conduct of Business

Third Sunday: Singing begins at 9 AM

Fourth Sunday: Junior Meeting 10 AM

Fourth Sunday: Potluck at rise of meeting

Last Sunday: Newsletter submission deadline

Takoma Park Friends Meeting (Preparative) under the care of Adelphi Meeting

Every Sunday: Meeting for Worship 10:30 AM, at *Sangha*, 7014 Westmoreland Avenue, Takoma Park, MD 20912

Greenbelt Labor Day Parade

Adelphi Members joined others from the P.G. County Peace & Justice Coalition who marched in the Greenbelt Labor Day parade to protest the war in Iraq and other wars. Adelphian Esther Webb rode in the Coalition's Land Rover, which was covered with anti-war signs and ribbons. The other protestors preceded the Land Rover, some handing out candy to emphasize the sweet and salient truths about war they were espousing.

At left, Adelphi Member Phillip Payette, pauses during the parade to display the handmade poster he is carrying.



Photos by Norman Maynard

Jerusalem Women Speak: Three Women, Three Faiths, One Shared Vision

October 23, 2005, FirstDay, 2 pm, Greenbelt Community Church, Crescent and Hillside Roads, Greenbelt, MD

Three women, a Christian, a Jew, and a Muslim, who are living the realities of the Israeli-Palestinian conflict will share their experiences and hopes for a just peace with audiences all over the United States.

They are mothers, daughters, wives and working professionals, all involved in their own way in resolving the conflict. Each woman lives the hardships of conflict and the tragedy of occupation in unique ways. Each has also witnessed the deterioration around them over the past five years of Israeli-Palestinian violence and the intermittent attempts to rekindle peace talks. They have made a commitment to address American audiences about their hopes for the future and what must be done to improve today's unsteady situation.

These three women will travel together on a national speaking tour for two weeks in October to address realities of the conflict.

The speakers for the Eleventh National Jerusalem Women Speak Tour: Sherene Abdulhadi, Muslim Palestinian, Roni Hammerman, Jewish Israeli, Amira Hillal, Christian Palestinian

For More Information Contact: Jacob Pace, Program Coordinator, Office: 202-863-2951, E-mail: jake@partnersforpeace.org, Web: www.partnersforpeace.org

Adelphi Friends Outreach Funds

What Adelphi Friends supported with our donations to Housing Initiative Partnership this last year:



- ❑ Nine derelict houses rehabbed or torn down and built new (1 sold to a moderate income family, two to low income families and six to very low income families).
- ❑ New Spanish language housing counseling program which saw 119 Latino families
- ❑ 100 families who purchased homes after HIP homeownership counseling
- ❑ Six Awards for Best Practices, Architectural design, sustainable design, etc.
- ❑ Management of 28 apartment units
- ❑ New coalition for housing for persons with disabilities
- ❑ Free books to kids, free college classes for tenants, free computers to homebuyers
- ❑ Half a dozen owner occupied rehabs (rotten roofs etc. replaced)
- ❑ Predevelopment work on a Y and artists housing

Frank Massey is leaving his position as General Secretary, BYM

Frank will be moving to take a position at Guilford College in Greensboro, NC, and will be located closer to his and Beth's family. Frank will be working with students and others at Guilford College in discerning gift and call.

Please join me in celebrating this important and significant change for Frank and his family.

Frank's last day with us will be in late November; a date will be set after discussions with Supervisory Committee.

We anticipate a smooth transition in the coming weeks as Frank prepares to leave BYM after seventeen years with us. Due in large measure to Frank's leadership and expertise in recruiting, training, and developing staff, BYM is a spiritually grounded and strong organization. Our staff are experienced, centered, poised, and equal to the challenge of a major transition.

Details of the transition will be explained more fully at Interim Meeting, October 22, 2005.

Michael Cronin, Clerk, Supervisory Committee

Our Food Choices Make a Difference

The question of food choices is coming to the forefront as people wrestle with the important questions of our time. I attended a workshop at FGC on "Liberating Ecologies, Food, Justice and Faith". It covered many aspects of food – the sacredness and beauty of sharing food together, the Slow Food movement and the environmental and economic impact of our food choices. It's becoming a central and organizing issue for many people concerned about the environment, food security and economic injustice. The way we spend our food dollars every day has broad political, environmental and economic implications in addition to impacting our personal lives and health.

More and more people are choosing to buy locally grown, in season, organic produce and locally raised grass fed beef, poultry, milk and eggs. Farmers markets, Community Supported Agriculture farms (CSA's), direct purchases at the farm and "kitchen gardens" are all important ways that people are making a point of getting the freshest, healthiest food possible. These choices support the health of the individual, the community, the local economy and the local environment, and they provide greater food security, making each local area more financially independent in times of crisis. They also increase our awareness of local environmental and zoning issues affecting farmers. Getting to know our local farmers makes a difference. This way of life teaches our kids where foods come from and helps us all reconnect with nature.

One important lesson I came away from the workshop with was that it may be more important to buy locally than to buy organically. For example, it's hard to find locally grown organic peaches, but locally grown IPM (integrated pest management) peaches are available. The prices are often lower too! According to a recent article by Barbara Kingsolver in Mother Earth News: "The Union of Concerned Scientists notes that there are two main areas where U. S. citizens take a hoggish bite out of the world's limited resources and fuels. First is transportation and second, this may surprise you, is our diet. Americans have a taste for food that's been seeded, fertilized, harvested, processed and packaged in grossly inefficient ways and then shipped, often refrigerated, for so many miles it might as well be green cheese from the moon. Even if you walk or bike to the store, if you come home with bananas from Ecuador, tomatoes from Holland, cheese from France and artichokes from California, you have guzzled some serious gas.... Most Americans are entangled in a car dependency not of our own making, but nobody has to eat foods out of season from Rio de Janeiro."

The first step may be to become more aware of the "food miles" various products represent, and choosing those products that can't be grown locally carefully, considering issues of fair trade. Globalization is affecting small farmers all over the world. There's much to learn as we begin to raise our consciousness about food issues, but the good news is that starting with food can be a great way to focus our energies and enrich our lives as we wrestle with the important issues of our time. A participant in the FGC workshop on food put me in touch with a woman from Bethesda who is raising grass fed beef on her farm in West Virginia. I've purchased it in bulk, and it's delicious! I've also found lists on the internet of other local farm sources of grass fed products and would be happy to share the information. If you want to learn more about these issues, contact Joan Clement (see contact info below) or check out the Adelphi Quaker Earthcare Witness announcements on the meeting house bulletin board.

This article is brought to you by the Adelphi Earthcare Interest Group. Currently we meet on the 4th Tuesday of the month, 7:30, in the meeting house. Join us, and check out the announcements on environmentally related issues on the bulletin board in the meeting house stairway. For further information, contact Joan Clement at 301-270-3862 or joanclement@yahoo.com or Maggie Cahalan at 301-441-8973 or margaret.cahalan@ed.gov .

Donna Hoffmeister receives Outreach Funds for the Prince George's Peace & Justice Coalition from Peace & Social Concerns Committee Member Alexander Barnes.

- ❑ In the 2004 Greenbelt Labor Day Parade, portrayed an Uncle Sam wielding a hammer on hapless points of a world globe.
- ❑ Joined a local vigil to protest the Iraqi occupation, co-sponsored a civil liberties fair and took part in the Bush Counter-Inauguration.
- ❑ Asked our County Council to report on how federal agents interfere with local civil liberties; the legislature to repeal the death penalty; and Congress to resolve that it is U. S. policy to quit Iraq.
- ❑ Started a Progressive Film Series, with expert-led discussions videotaped for local cablecasting; among featured issues: high-tech elections, the Chavez administration in Venezuela, global warming and environmental pollution.



October Potluck and dialogue

You are invited to attend a potluck and Quaker dialogue at 6:30 PM on Sunday, October 2, 2005

Our Program this First Day is presented by Philip Schrefer, of Capitol Hill Worship Group will discuss:

The Republic of Georgia and the "Rose Revolution" Philip is an international consultant and has traveled throughout this former Communist country and will share his observations on how this republic is transitioning peacefully in the post Soviet world. Our monthly potluck is the first Sunday of each month at 6:30 PM. This is an opportunity for fellowship among Quakers, attenders and fellow seekers. Bring a dish to share; family members, neighbors and friends are always welcome.

Note: William Penn House is an alcohol and tobacco free facility

William Penn House hosts groups and individuals who visit Washington to help make this a better world. We host programs and seminars on peace and social justice issues and on Quakers, past and present.

William Penn House, A Quaker Center on Capitol Hill, 515 East Capitol Street SE, Washington, DC 20003, Tel: (202) 543-5560 Fax: (202) 543-3814 e-mail: info@WmPennHouse.org, www.WmPennHouse.org

Submitting to the newsletter: Phillip Payette, the Newsletter Editor, welcomes any material of interest to the Adelphi Friends Meeting community. The best way to submit material is by e-mail to afm-newsletter@earthlink.net. Either attach a Word file to the e-mail or type the information directly into the e-mail. You may also submit clean, typed copy to the newsletter box in the meetinghouse. No handwritten material please. Deadline for submissions is noon of the last Sunday of each month.

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with e-mail you get



(The E-mail version of the AFM newsletter includes color photos and art work. And, it cost the meeting nothing to send and print.)

To arrange E-mail delivery of the AFM newsletter contact
Carol Beigel at adelphifriendsmailist@comcast.net